George J. Freund, Jr., Consultant 91 Park Avenue West Mansfield, Ohio 44902 [419] 526-3613

## "COUNSELING TIPS"

- 1. Counselor must establish a relationship with counselee in which counselee will feel comfortable and at ease.
- 2. Counselee must believe that counselor genuinely cares about him.
- 3. Counselor should not focus "exclusively" on the problem at hand but on the overall well being of the counselee.
- 4. Counsel with compassion, respect, and sincerety. Must never give impression of being superior to one being counseled. Avoid giving impression of being the "authority" on this subject.
- 5. Counselor should always attempt to "place himself in counselee's shoes."
- 6. Counselor should think about his own temptations and be humble enough to share some personal experiences regarding this subject.
  - 7. Counselor must always be tactful, gentle, and tender.
  - 8. Counselor must always weigh his words carefully, speak graciously.
  - 9. When counselor is unable to definitely answer counselee's question, counselor should admit his limitation. "I don't know the answer, but I shall attempt to get you an answer."
  - 10.Offer to pray with counselee.
  - 11. Be a good listener. The greater part of counseling will always consist of listening.
  - 12. Assure confidentiality of this meeting and what has been said.